



The Effects of Token Arends Learning Model on Communication and Physics Learning Outcomes

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Abstract: This research aims to determine whether the Time Token Arends learning model affects communication and physics learning outcomes. All tenth-grade students in one of the high schools in Ogan Komering Ulu Timur became the population, and the sample was determined by random cluster sampling. The research design was the pretest-posttest control group design. The subjects of this research consisted of 58 students. The experimental class implemented the Time Token Arends model, and the control class implemented the conventional model (lecturing and questions and answers). The researchers performed the hypothesis testing using the t-test. Based on the pretest and posttest results, the mean score of the experimental class was higher than the control class. The pretest means a score of the experimental class was 37 and the mean score of the control class was 36. Furthermore, the posttest means a score of the experimental class was 79, and the control class was 64. The mean scores difference indicated a significant effect of the Time Token Arends learning model. The results were supported by the t_{observed} value greater than the t_{critical} value, namely 22.02 greater than 1.67. Therefore, H_0 was rejected, and H_a was accepted. The percentage of student communication increased significantly after the Time Token Arends model was applied. Future researchers need to develop appropriate instruments to measure scientific communication and student learning outcomes during the current pandemic. During the coupons distribution session, it is necessary to ensure that all students receive coupons without exception.

INTRODUCTION

Education is one of the right means of obtaining quality human resources (Nurwati, 2017). Education is realized by conscious and planned efforts to achieve quality human beings (Tadjuddin et al., 2020). Education includes many disciplines, one of which is science. Science is divided into several topics, including biology, chemistry, and physics (Serway & Jewett, 2017). Physics discusses theories and concepts obtained through the scientific method. All the

things done in everyday life are always related to physics.

Physics learning is considered a difficult subject (Erviani et al., 2016). Physics learning is designed to make students active in the learning process in the classroom (Indraswati et al., 2021; Rofiqah et al., 2020). (Erviani et al., 2016) As a result, some active students' learning in class tends to be dominated while other students just stay quiet and listen during lessons (Ott et al., 2018). There needs to be a change in learning to overcome this, one of which is applying a

learning model (Hastuti et al., 2020). Learning models that can be applied is the Project-Based learning model (Fini et al., 2018; Widayanti et al., 2018), the problem-based learning model (Darlis et al., 2020; Nuralita et al., 2020), the discovery learning model (Lestari et al., 2020; Syarofah et al., 2019), the inquiry model (Hastuti et al., 2020; Lusidawaty et al., 2020), and the Time Token Arends model (Hidayah et al., 2021; Indraswati et al., 2021; Susanty & Panjaitan, 2021).

Some of these models are applied according to learning needs. In this research, the Time Token Arends model is applied because this model directs students to learn actively in expressing opinions (Aqil et al., 2020; Daulay et al., 2018). One of the problems that occur to students is the low level of communication, and it is difficult to express their thoughts because of teacher-centered learning. Therefore, students tend only to be spectators and have little contribution to learning. Student learning outcomes are low, so it is necessary to have a model that caters to the needs of these students. One of the recommended models in this research is the Time Token Arends learning model, which distributes speaking coupons to all students. Each time coupon has a duration of ± 30 seconds. Students who wish to speak must submit coupons first. Students who run out of coupons cannot speak, while students who still have coupons must speak until the coupons run out (Githa et al., 2019; Siregar, 2019).

Giving time coupons indirectly gives a sense of responsibility to be more active (Puspitasari et al., 2015). Through this learning process, students must experience a (positive) change (Ghaliyah et al., 2015; Seifan et al., 2020). Students' activities become the main point of attention throughout the learning process so that participation, communication, and learning outcomes will increase (Adisel & Pranansa, 2020; Hamim et al., 2021).

Several previous studies have implemented the Time Token Arends model to improve speaking skills (Aqil et al., 2020; Bakti et al., 2019; Susanty & Panjaitan, 2021; Wijayanti et al., 2019), improving learning outcomes (Lestari et al., 2020), and improving social skills (Dewi et al., 2020). Therefore, this study fills the void to see the effects of the Time Token Arends learning model on communication skills and learning outcomes. In this research, the measurement of communication and learning outcomes was carried out simultaneously to know whether the Time Token Arends model affected communication skills or learning outcomes. The results of this study are expected to be a reference for teachers in applying physics learning in the future, especially in communication skills and learning outcomes.

METHOD

This research was conducted at a public high school in Ogan Komering Ulu Timur. The sample in the study consisted of 58 students (29 students in each class) determined by random cluster sampling. The research design was the pretest-posttest control group design. Class X 1 acted as the control class, and class X 2 acted as the experimental class. The classes were given a pretest to see the difference between the two classes (Sugiyono, 2014). The designs are shown in Table 1.

Table 1. Research Design

Subject	Pretest	Treatment	Posttest
E	O ₁	X _{experimental}	O ₂
K	O ₁	X _{control}	O ₂

E = Experimental group (Time Token Arends)

K = Control group (conventional lecture)

O₁ = The pretest before the treatment

O₂ = The posttest after the treatment

The research data were obtained through questionnaires and tests (pretest and posttest). The indicators measured in

student communication consisted of 1) students' ability to answer questions orally, 2) students' active participation, 3) students' ability to ask questions in understanding learning material, and 4) students' ability to use nonverbal communication media effectively. The student learning outcomes were measured through a two-tier test. The two-tier test analyzed answers based on students' beliefs with certain indicators. Therefore, the level of understanding is clearer. The analysis of this test is more convincing than the multiple-choice test.

A communication questionnaire and a written test were administered at the beginning (pretest) and the end of learning (posttest). The data was obtained by finding the mean, standard deviation, and difficulty level of the questions. Furthermore, hypothesis testing was performed to see whether the Time Token Arends model affects learning outcomes using the t-test and two-tier analysis using the graded response model (GRM) scoring method (De Ayala, 2009). The scoring guidelines are presented in Table 2.

Table 2. The Scoring Guideline

No	Assessment Criteria	Score	Category
1	Do not answer without reason/wrong answers and wrong reasons	0	Do not understand the concept
2	Wrong answer and correct reason (SB)	1	Guessing
3	Correct answer and wrong reason (BS)	2	Misconception
4	Correct answer and correct reason (BB)	3	Understand the concept

The researchers analyzed the communication skills using percentages. The percentage of communication criteria in Table 3 (Mweshi et al., 2020) and the model implementation steps in each class are described in Table 4.

Table 3. Communication Percentage

Achievement Rate (%)	Response Description
79 < P ≤ 100	Excellent
65 < P ≤ 79	High
55 < P ≤ 65	Moderate
45 < P ≤ 55	Low
30 ≤ P ≤ 45	Poor

Table 4. The Treatments in the Experiment Class and Control Class

Learning Activity	Time Token Arends Learning Model	Conventional Model (Lecturing)
Stimulation	Before starting the lesson, the teacher provides several applications of quantity and measurement material in everyday life, such as measurements in the market with the ideal theory of gaps. In theory, the unit of weight is Newton, but the market uses kilograms.	The teacher begins the lesson by describing the objectives of the material to be discussed.
Material Explanation	The teacher delivers material using pictures and demonstrating measurement instruments, such as a ruler, micrometer screw, calipers, measuring weight, balance scales, and thermometer.	The teacher delivers the material by showing pictures and several explanations orally.
Discussion	The teacher gives coupons to all students to respond, ask, or argue about the material size and measurement. The coupons provide the same sense of rights and responsibility (The number of coupons given is the same, namely three coupons per student) The teacher asks students to measure their book using a ruler and to use the span of their hands. After measuring, the teacher asks students to express what they got from these activities by giving coupons in advance. Then students who want to argue must submit a coupon first.	The teacher provides the opportunity for students who want to ask, argue, or answer the teacher's questions.

Learning Activity	Time Token Arends Learning Model	Conventional Model (Lecturing)
Evaluation	The teacher tasks assignments to all students to spend the coupons. If the coupon has run out, students may not answer or give opinions. Students who still have the coupon must speak so that all students are active in learning activities.	The teacher's tasks are written assignments to students.

RESULT AND DISCUSSION

The results of the study were obtained from the results of the questionnaire and the results of the pretest and posttest. The data from the communication questionnaire is shown in Table 5. Based on the communication questionnaire results in Table 5, the experimental class and the control class had poor communication (failed) before being given treatments. After being given treatment, the experimental class students can answer questions orally, participate actively, ask questions, and use non-verbal communication media. On the other hand, the control class had a high category. Communication is essential in learning. Good communication between

teachers and students will make it easier to understand learning material. In this research, the experimental class was given stimulation through coupons. The coupons contained a question or statement that each student must answer. The students were given the same number of coupons. All students must answer according to the coupons. There is no more opportunity to answer questions for students whose coupons have run out.

However, students who still have a coupon must spend the coupon by answering questions or expressing statements. The results of student communication can affect learning outcomes. Student learning outcomes in this research are presented in Figure 1.

Table 5. Result of Communication Questionnaire

Communication Indicators	Experimental Class		Control Class	
	Pretest	Posttest	Pretest	Posttest
Students can answer questions orally	45%	75%	43%	70%
Students participate actively in learning	40%	85%	41%	78%
Students ask questions in understanding learning material	35%	82%	36%	76%
Students can use non-verbal communication media effectively	50%	87%	48%	82%
Average percentage	43%	82%	42%	77%
Response description	Poor	Excellent	Poor	High

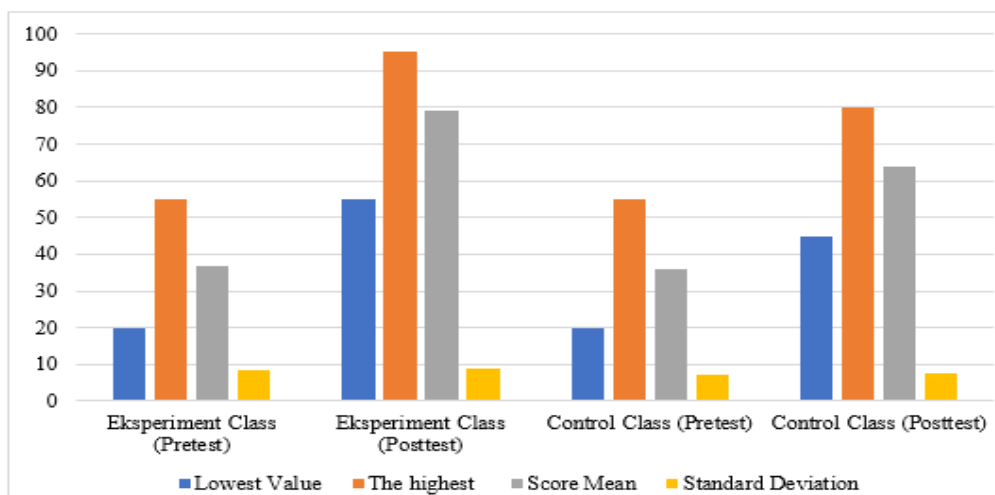


Figure 1. The Pretest and Posttest Results

After the analysis, the percentage of pretest and posttest results is shown in Table 6 and Table 7.

Table 6. Percentage of Pretest

No	Category	Experimental Class		Control Class	
		Total Students	%	Total Students	%
1	High	2	7	1	4
2	Moderate	25	86	25	86
3	Low	2	7	3	10

Table 7. Percentage of Posttest

No	Category	Experimental Class		Control Class	
		Total Students	%	Total Students	%
1	High	10	34	0	0
2	Moderate	18	62	24	83
3	Low	1	3	5	17

The results of the normality test are shown in Table 8.

Table 8. The Results of the Normality Test

Statistics	Experimental Class		Control Class	
	Pretest	Posttest	Pretest	Posttest
χ^2_{observed}	5.01	10.42	7.94	7.56
χ^2_{critical}	11.07	11.07	11.07	11.07
Conclusion	$\chi^2_{\text{observed}} < \chi^2_{\text{critical}}$ Normal Distribution	$\chi^2_{\text{observed}} < \chi^2_{\text{critical}}$ Normal Distribution	$\chi^2_{\text{observed}} < \chi^2_{\text{critical}}$ Normal Distribution	$\chi^2_{\text{observed}} < \chi^2_{\text{critical}}$ Normal Distribution

The homogeneity test was carried out based on the variance similarity test for the two groups (F-test with $\alpha = 0.05$) with the criteria of $F_{\text{observed}} < F_{\text{critical}}$ (homogeneous). The homogeneity of the pretest and posttest of the two study sample groups is shown in Table 9.

Based on Table 9, the F_{observed} value of the pretest was 1.14, and F_{observed} value

of the posttest was 1.17 with the F_{critical} value of 1.88. Therefore, F_{observed} was lower than F_{critical} (homogeneous). The researchers used a t-test to test the hypothesis. If t_{observed} is higher than t_{critical} , H_0 is rejected, and H_a is accepted. If t_{observed} is lower than t_{critical} , H_0 is accepted, and H_a is rejected. The results of hypothesis testing are shown in Table 10.

Table 9. The Results of the Homogeneity Test

Statistics	Pretest		Posttest	
	Experimental	Control	Experimental	Control
S^2	8.38	7.33	8.76	7.43
F_{observed}		1.14		1.17
F_{critical}		1.88		1.88
Conclusion	Homogeneous		Homogeneous	

Table 10. Hypothesis Testing

Statistics	Pretest		Posttest	
	Experimental	Control	Experimental	Control
N	29	29	29	29
\bar{x}	37	36	79	64
SD	8.38	7.33	8.76	7.43
t_{observed}		1.47		22.06
t_{critical}		1.67		1.67
Conclusion	There is no influence		There is an influence	

The pretest value was 1.47, which was lower than 1.67. Therefore, H_0 was accepted, and H_a was rejected. It can be concluded that there was no difference

between the experimental group and the control group. Thus, both classes had homogeneous abilities, and both classes deserve to be used as research samples.

In contrast to the posttest results, the two classes obtained different results after being given different treatments. The t_{observed} was higher than t_{critical} ($22.06 > 1.67$). Therefore, H_0 was rejected, and H_a was accepted. It can be concluded that this research can test the truth of the hypothesis.

In this research, the focus was the quantity and measurement in everyday life. The treatments between the two classes influenced the learning outcomes. The differences in treatment in the learning process are shown in Table 4.

Based on Table 4, the treatment given to the two classes was different. Classes with the Time Token Arends learning model emphasized responsibility in learning. Each student was required to have an opinion through the coupons given. All students were given the same coupon to have the opportunity to express their opinions. Students who are active or inactive in learning can express their opinions. Whereas in a class that applies the conventional model, the lesson was carried out through teacher explanations and questions and answers between students and teachers. The treatments revealed that the Time Token Arends model was student-centered and the conventional model was teacher-centered. Several previous researchers supported the results of this research.

Some research revealed that the Time Token Arends model fosters activities (Hidayah et al., 2021; Iriana, 2017; Lestari et al., 2020). It can increase speaking skills (Aqil et al., 2020; Daulay et al., 2018). Time Token Arends requires students to be active in quizzes or answering questions and develop enthusiasm to be more confident in expressing their opinions to increase their participation.

In the Time Token Arend learning model, the learning was no longer dominated by highly capable students. In the conventional model, capable students were more active in expressing opinions.

However, students with low abilities just kept quiet and listened and recorded the explanations by the teacher. As a result, the class was only dominated by a few students. Therefore, the Time Token Arends learning model was more influential than a conventional model. One of the constraints experienced in implementing the Time Token Arend learning model was time. The time needed was quite long. Therefore, educators who will apply this model must manage time properly to go according to plan.

This research used a two-tier instrument. Table 11 displays one of the question and answer instruments in the experimental class and the control class.

Table 11. Students' Pretest and Posttest Questions and Answers in Problem Number 9

9. If the distance of an object required is [L] and the time required is [T], then determine the dimensions of the acceleration ...
- a. $[L][T]^{-2}$ d. $[L][T]^2$
 - b. $[M][T]^{-3}$ e. $[L]^{-1}[T]^{-1}$
 - c. $[L][T]$

The reason for choosing this answer is ...

- a. Since acceleration is velocity multiplied by the time [T] while velocity is the distance [L] divided by the time [T], acceleration is equal to distance [L] divided by time squared $[T]^2$
- b. Since acceleration is velocity divided by the time [T] while velocity is the distance [L] divided by the time [T], acceleration is equal to distance [L] divided by time squared $[T]^2$
- c. Since acceleration is velocity divided by the time [T] while velocity is the distance [L] divided by the time [T], acceleration is equal to distance [L] divided by time to the negative power of two $[T]^{-2}$
- d. Because acceleration is time [T] times distance [L]
- e. Since acceleration is time [T] divided by distance [L]

Experiment Class

- **Pretest**

9.	A	B	C	D	E	A	B	C	D	E
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Category: Guessing due to wrong answers and right reasons.

- **Posttest**

9.	A	B	C	D	E	A	B	C	D	E
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Category: Understanding Concepts due to correct answers and correct reasons.

Control Class

- Pretest

9.	A	B	C	D	E	A	B	C	D	E
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Category: Guessing due to wrong answers and right reasons.

- Posttest

9.	A	B	C	D	E	A	B	C	D	E
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Category: Don't understand the concept due to wrong answers and wrong reasons.

Based on Table 11, all classes had the same cognitive average before the treatments. Students only guessed when working on the pretest question. Unlike the results of the posttest, the control class (conventional) answered posttest questions with misconceptions (right answers and wrong reasons). In contrast, the experimental class (Time Token Areds) answered posttest questions by understanding the concept (correct answers and correct reasons). These results were due to different treatments. In the experimental class, the applied model improved learning outcomes, especially understanding concepts. In the control class, the conventional model had less effect in improving students' cognition.

Students' participation and activeness in class affect learning outcomes. Several previous researchers claim that the learning model must be applied according to students' needs. Each learning model has different characteristics and indicators. The Time Token Areds model is feasible for improving communication and learning outcomes. This research found that students with high learning outcomes do not necessarily have very good communication skills since each student has different skills. Some students prefer communication to writing. Also, some like writing rather than direct communication. Therefore, educators must channel skills according to the abilities of students.

CONCLUSION

This research reports that there are differences in learning outcomes (cognitive). The Time Token Areds learning model class obtained an average pretest score of 37 and an average posttest score of 79. On the other hand, the class with the conventional model obtained an average pretest score of 36 and an average posttest score of 64. The hypothesis test showed that t_{observed} was higher than t_{critical} ($22.06 > 1.67$). Therefore, H_0 was rejected, and H_a was accepted. In conclusion, the Time Token Areds significantly influence the learning outcomes (cognitive). The students' communication significantly improved in each class. The experimental class from failed (43 %) to excellent (82 %) and the control class from failed (42 %) to high (77 %).

This model needs a measurement instrument relevant to the needs of the current pandemic. During the coupon distribution, it is necessary to ensure that all students receive coupons without exception.

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