

Implementation of Counseling Guidance Services in Overcoming Difficulties of Reminding The Al-Qur'an

Nurussakinah Daulay, Mohammad Al Farabi, Nurul Ulya

UIN North Sumatera, Indonesia
nurululya96mei@gmail.com

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Abstract: This study aims to describe the implementation of counseling services to overcome difficulties in memorizing the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islam Center Medan. This research is field research and is qualitative in nature. And also in this study the classification of qualitative descriptive methods. Data collection techniques in this research are observation, interviews, and document studies. Activities in analyzing this data include data reduction, data exposure, and drawing conclusions. The data validity technique adopted is.

Keywords: Counseling; Difficulty Memorizing; Memorizing the Qur'an

Introduction

Education is basically believed to be a strategic tool used to increase the potential of the nation's children so that they are able to take part in dealing with more global things in the future (Hadiyanto, 2004). Education also has a definite goal, namely, teaching students, training, nurturing, fostering, also developing every potential that already exists in students, so that they can prepare themselves to carry out their caliphate duties, especially for themselves rather than have a peaceful, prosperous life. and prosperous in its arrangement (Martini & Mawardi, 2017). Regarding the education of a child, in fact general education alone is not enough to be a provision for them in the future. In fact, the next generation also really needs religious education which is known to form good morality in themselves if their parents succeed in guiding and sending them to strong Islamic-based educational institutions. One of them is a school institution that has a program to memorize the Qur'an (Ainiyah, 2013).

Related to this explanation, the importance of applying the memorization of the Qur'an for the future of children, actually memorizing the Qur'an is something that is very noble, and the law of memorizing the Qur'an for Muslims is fardu kifayah. The other sins fall when someone commits them. It is even known that long before this, the religion of Islam also began to introduce educational institutions, even since the revelation to the Prophet Muhammad.

In today's world of education, the program of tahfizh Qur'an or memorizing the Qur'an is believed to be one of the leading programs, especially in certain Islamic schools (Anwar, 2017). Even the agency is of the opinion that when students are able to memorize the Qur'an, it can be a method for them to improve their academic achievement, and from that, their morals will be formed and more noble. However, from the reality seen in the world of tahfizh, not a few students have problems memorizing the Qur'an.

Regarding the discussion about the obstacles to memorizing, of course, every child has different abilities and intelligence, one of the educational concepts that parents need to give to their children is spiritual intelligence (Agustin, 2013). Especially when going through every verse of life, spiritual knowledge is one of the main keys for children. Even when they meet anything in their life if they are spiritually mature, they will definitely be able to control themselves to achieve success in this world and the hereafter, because of the religious values that have been embedded in them, and they will also have good morals (Daulay, 2015).

Counselors are a profession that is believed to play a very important role in the process of implementing counseling guidance. Counselors have an active role in providing assistance to their clients about the therapeutic relationship between the two of them, namely the counselor and the client so that the client is able to increase his self-confidence and adjust, even have new behaviours so that the client gets happiness in himself (Fitriarti, 2017). From the explanation above, it can be concluded that the presence of the profession is expected to provide the best solution for the problems experienced by students at school. The success or failure of the counselee in dealing with his client is influenced by several factors, namely the role of the client, the counselor, and the techniques or methods used by the counselor. If the counselor uses the right method in overcoming his client's problems, the results will be better and the process will be smoother, and this also depends on the problems faced by the student or client (Daulay, 2019).

Based on the background explanation, the researcher can conclude that one of the most important things we must instil in our children is religious knowledge or everything related to the afterlife. Teach and educate them according to the teachings of the Qur'an and the Sunnah of the Prophet, instil good morals, and teach them about the verses of the Qur'an. Therefore, there are also many educational institutions in Indonesia, especially in the field of establishing Tahfidzul Qur'an educational institutions. Where children are educated and nurtured to memorize the Qur'an (Sabri, 2020)

The Islamic Center Foundation is a school that organizes tahfidzul Qur'an education, which of course is given to each child to memorize the target according to the level of education they are taking. The foundation itself believes that many people have forgotten the Qur'an, even so many children have the potential to memorize the Qur'an but have various obstacles so that they cannot achieve the target as determined. The Islamic Center Foundation also not only prioritizes quantity, but they are very concerned about the quality of their students. How are the students' abilities in memorizing the Qur'an, even what are the obstacles they experience in memorizing the Qur'an so that they are not able to reach the target as a hafizh.

To overcome the obstacles experienced by students in memorizing the Qur'an, the Islamic Center itself gives confidence to BK teachers to provide the best service from them to students who have problems memorizing the Qur'an. How is the actual implementation applied by the BK teacher in overcoming the difficulties of memorizing the Qur'an for students at the Islamic Center.

Method

This study uses qualitative research, where the researcher observes a phenomenon that occurs in the research subject, starting from how the subject's behavior, perception, to other actions taken. In this study, the object or resource persons were Counseling Guidance Teachers, Class Homerooms, Tahfizh Teachers, Principals, and Students. In this study, there are two sources of data obtained, namely primary data sources. In this study, researchers obtained data directly from the first source. Data collection techniques using observation and interviews.

To analyze this data includes data reduction, data exposure, and drawing conclusions which can be called verification. In addition, researchers used data validity techniques to check the validity of data related to "Implementation of Islamic Counseling Services at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan", based on the collected data.

Results and Discussion

1. Students' Ability to Memorize the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan

Based on the deed in the field, it is stated that each student has different abilities in memorizing the Qur'an. This of course has been motivated by different obstacles from each student. To solve these problems, each student is given certain directions according to their constraints of each of them. Every counseling teacher or commonly referred to as an advisory teacher, at the Islamic Center itself has a big role in dealing with student problems, especially those who have problems memorizing the Qur'an. The Islamic Center is a school institution that has a vision that strongly adheres to religious values, namely to create human beings who are hafiz and have Al-Qur'an insight and have spiritual balance,

So it is certain that they have a big target in developing and grounding the memorization of the Qur'an of every student at the school. However, not every plan will always go as desired, there will be certain obstacles that must be given the right solution in handling it. The task of the counseling teacher at the Islamic Center is to provide appropriate direction and guidance to students in the process of memorizing the Qur'an. Help to solve student problems especially in achieving rote targets.

Obstacles in memorizing the Qur'an are handled by guidance and counseling teachers at the Islamic Center foundation. Based on the results of interviews with two guidance and counseling teachers that "The obstacles for these children have actually been seen from the beginning when they entered this school because when they wanted to come here they had to take an exam first, even though none of them. fail of those who have the desire to study here.

Read and memorize the Koran by understanding the Makharijul Letters. The meaning of the word Makhraj is a place of exit. So, the letter makharijul can be interpreted as the layout of the Hijaiyyah letter out of the mouth. There are 17 places where Makharijul Letters comes out which are divided into 5 places: 1) Al-Jauf which means mouth opening and; 2) Al-Halq's throat which means throat; 3) Al-Lisan Which means; 4) Ash-Shafatan's tongue which means the two lips; 5) Al-Khaisyuum which means the base of the nose (Rohmawati & Zafi, 2021).

Based on interviews with teachers that this school has a memorizing target, every year our children are targeted to memorize 5 juz. Even though there are children who cannot reach the target, it is possible that they can also memorize 30 juz, which means that they have passed the target. Meanwhile, regarding their IQ abilities, this school has directed them to take psychological tests, the extent to which their IQ abilities will certainly have a major impact on their memory as candidates for memorizing the Qur'an. We will also ask the children to attend tahsin classes for one semester. But if they can't, we will continue to guide them until they are able to memorize the Qur'an. This is an obstacle for students in achieving the target of memorization.

It can be concluded that not all students have the same abilities. They also explained that every year the children are targeted to complete their memorization of 5 juz, and for three years they complete the memorization of 15 juz. However, a small percentage of these students were not able to achieve the memorization target, so three years later when they held their graduation, they only graduated with 10 juz by rote, while for children who were indeed capable, they would complete 15 juz, even according to the teacher's explanation there were also students who was able to complete 30 juz during those three years. The researcher concluded that the problem for students in memorizing the Qur'an at the Islamic Center Foundation was not meeting the target of completing 15 juz in three years.

2. Supporting Factors and Inhibiting Factors for Students in Memorizing the Qur'an

Supporting factors that can help students become memorizers. Factors supporting students in memorizing the Qur'an are taking notes, storing, and remembering. The recording process referred to here is when the memorizers memorize the verses of the Qur'an and they do it continuously, which in the end enters the storage process in their brain memory, both in the short and long term. then the next stage is the stage of recalling previously stored memories, namely when students entrust or memorize in front of the tahfizh teacher or also called ustadz. The next supporting factor is that they have full support from their parents to become hafizh Al-Qur'an, and also guidance and counseling teachers often provide direction for them to memorize the Qur'an more, teach them about patience and instil self-steadiness (Rohmawati & Zafi, 2021).

It is understood that at the Islamic Center foundation itself, children are first guided to read the Qur'an correctly and enter the tajwid and makhrijul letters in other words, namely tahsin Al-Qur'an. This is also what sometimes makes children need a long time in the tahfizh process, because they are too deep in the process of tahsin Al-Qur'an, so according to the ustadz's narrative also teaches the meaning of istiqomah to students, how to make these students strengthen their hearts through the day. their days as memorizing the Qur'an. Then the children were also recommended to use one Al-Qur'an, initially when the researcher asked one of the BK teachers whether it was mandatory for children or just a suggestion. Proper learning can help students memorize the Al-Qur'an (Kartika, 2019). In addition to discussing the factors that support students in memorizing the Al-Qur'an, students also discuss the opposite, namely what factors hinder students in memorizing the Al-Qur'an.

The inhibiting factor in memorizing and achieving memorization targets is that students spend too long in tahsin classes, are not good at using time, and are also too influenced to spend their time playing games, then also during the covid period, students are at home for quite a long time, so teachers are less able to guide students during this pandemic. Meanwhile, according to one student, the obstacle to achieving the target of memorization is that children spend their time playing, and memorization is difficult to remember. This is in line with the opinion which states that the inhibiting factors in memorizing the Qur'an are too busy with other tasks, weak motivation, low intellectual intelligence, many immoralities, impatient, unable to feel the pleasure of the Qur'an. An (A'la al Maududi et al., 2014).

3. Implementation of Counselling Services Conducted by Counseling Teachers to Students Who Have Difficulties in Memorizing the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan.

The function of Islamic counseling, namely Islamic counseling guidance activities, needs to be carried out with the aim of showing students' attitudes and behavior in a better direction and minimizing their influence on things that are not good (Abdurrahman, 2019). Religious knowledge is very important for students to shape their personality, character, and attitudes in life (Ramadhani et al., 2021). This is in accordance with the explanations of the informants, both guidance and counseling teachers and students who have problems memorizing the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan.

Based on the explanations of the two guidance and counseling teachers, it can be concluded that the implementation of counseling services carried out by teachers to students who have difficulty memorizing the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan, first fosters student attitudes and behaviour towards a better direction from the previous. The function of counseling guidance is to shape behavior in a more positive direction (Auliya, 2018).

It is clear that the implementation of counseling services carried out by counseling teachers to students who experience obstacles or difficulties in memorizing so that they are unable to achieve the targets as determined by the Islamic Center foundation, are actually in sync between the explanations of the Islamic counseling teacher and the students, namely providing advice. Certain advice to children, if we look at the explanation from the counseling teacher, everything that is conveyed to students is based on an agreement between the counseling teacher and the head of the MHQ at the foundation by holding a deliberation first. Then according to the students' explanations, all the advice that was conveyed to them contained good directions, how so that they could pursue the rote target, how so that they can be more sincere in carrying out their routines as memorizing the Qur'an.

Implementation of counseling services carried out by teachers for students who have difficulty in memorizing, namely providing motivation, providing direction, conducting individual counseling, consulting with parents of students, collaborating with tahsin teachers to change the method according to the needs of each student.

Conclusions and Suggestions

Based on the results of the study, it can be concluded that the ability of students in memorizing the Qur'an at Madrasah Tsanawiyah Hifdzil Qur'an Islamic Center Medan do not all have the same ability. The factors that support students in memorizing the Qur'an are the provision of sincere and straight intentions, far from immorality, patience, enthusiasm, and practice. In addition, external factors such as the motivation of guidance and counseling teachers, as well as cooperation between parents, supervising teachers and students. The inhibiting factors for students in memorizing the Qur'an are, that students spend too much time with other activities, some students experience problems in the memorization process, and then students who were sent home at the start of the COVID-19 outbreak also experienced problems. They're own obstacles so that they are constrained and unable to achieve the rote target. Suggestions for further research, can conduct research related to counseling services can be done to overcome the problem of difficulty memorizing in children who have low intelligence levels.

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